

THE UNIVERSITY OF HONG KONG
SCHOOL OF PUBLIC HEALTH

BSc (Exercise & Health) and Minor in Kinesiology
2018-2019 Timetable

Introductory Level / Science Core courses
Core Advanced Level / Subject Core courses
Disciplinary Elective / Specialism courses

SEMESTER 2

Time	Monday	Tuesday	Wednesday	Thursday	Friday	
8:30 - 9:20						
9:30 - 10:20		BBMS1002 <i>Fundamentals of Human Anatomy and Physiology</i> (Lab Block)	EXSC1002 <i>Physical Activity and Health</i> EXSC2008 <i>Physical and Health Benefits of Exercise</i> (MB217)			
10:30 - 11:20	EXSC3002 <i>Advanced Exercise Physiology</i> (HKJC-S3)	EXSC3002 <i>Advanced Exercise Physiology</i> (Classroom*)				
11:30 - 12:20						
12:30 - 1:20	EXSC3015 <i>Sport and Exercise Psychology</i>	EXSC3014 <i>Rehabilitation Science</i> (Classroom*)	Common Core Courses		EXSC3015 <i>Sport and Exercise Psychology</i>	
1:30 - 2:20	EXSC3016 <i>Psychology of Exercise and Health</i> (MB237)				EXSC3016 <i>Psychology of Exercise and Health</i> (MB237)	
2:30 - 3:20	EXSC3011 <i>Advanced Exercise Prescription and Training</i> (Classroom*)	EXSC3013 <i>Sport & Exercise Nutrition</i>		EXSC3011 <i>Advanced Exercise Prescription and Training</i> (Classroom*)	BBMS1002 <i>Fundamentals of Human Anatomy and Physiology</i> (Lab Block)	EXSC3014 <i>Rehabilitation Science</i> (Classroom*)
3:30 - 4:20		EXSC3017 <i>Nutrition for Exercise and Health</i> (Classroom*)				
4:30 - 5:20	BBMS2011 <i>Research Methods in Medicine and Health</i> (Sassoon Road Campus)					
5:30 - 6:20		BBMS2011 <i>Research Methods in Medicine and Health</i> (Sassoon Road Campus)				

- Note:**
- * denotes a different classroom will be used for some classes. Please always check the updated classroom location on Moodle.
 - Please click the classroom for detailed locations
 - Please check Moodle for BBMS1002 and BBMS2011 classroom details

EXSC3002 Advanced Exercise Physiology

Class Schedule and Venue

Week	Monday (10:30am – 12:20pm)	Tuesday (10:30am – 12:20pm)
1	Jan 14 <i>Venue: HKJC-S3</i>	Jan 15 <i>Venue: HKJC-S3</i>
2	Jan 21 <i>Venue: HKJC-S3</i>	Jan 22 <i>Venue: HKJC-S3</i>
3	Jan 28 <i>Venue: HKJC-S3</i>	Jan 29 <i>Venue: HKJC-S3</i>
	Feb 4 <i>Venue: HKJC-S3</i>	Feb 5 Class suspension period for the Lunar New Year
4	Feb 11 Class suspension period for the Lunar New Year	Feb 12 <i>Venue: HKJC-S3</i>
5	Feb 18 <i>Venue: HKJC-S3</i>	Feb 19 <i>Venue: HKJC-S3</i>
6	Feb 25 <i>Venue: HKJC-S3</i>	Feb 26 <i>Venue: HKJC-S3</i>
7	Mar 4 Reading Week No Class	Mar 5 Reading Week No Class
8	Mar 11 <i>Venue: HKJC-S3</i>	Mar 12 <i>Venue: MTC</i>
9	Mar 18 <i>Venue: HKJC-S3</i>	Mar 19 <i>Venue: HKJC-S3</i>
10	Mar 25 <i>Venue: HKJC-S3</i>	Mar 26 <i>Venue: HKJC-S3</i>
11	Apr 1 <i>Venue: HKJC-S3</i>	Apr 2 <i>Venue: Lab Block-SR7</i>
12	Apr 8 <i>Venue: HKJC-S3</i>	Apr 9 <i>Venue: HKJC-S3</i>
13	Apr 15 <i>Venue: HKJC-S3</i>	Apr 16 <i>Venue: MTC</i>
14	Apr 22 General Holiday	Apr 23 <i>Venue: MTC</i>

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2. Please click the classroom for detailed locations

EXSC3011 Advanced Exercise Prescription and Training

Class Schedule and Venue

Week	Monday (2:30pm – 4:20pm)	Thursday (2:30pm – 3:20pm)
1	Jan 14 <i>Venue: HKJC-S3</i>	Jan 17 <i>Venue: HKJC-S3</i>
2	Jan 21 <i>Venue: HKJC-S3</i>	Jan 24 <i>Venue: Lab Block-SR7</i>
3	Jan 28 <i>Venue: HKJC-S3</i>	Jan 31 <i>Venue: HKJC-S3</i>
	Feb 4 University Holiday (PM)	Feb 7 Class suspension period for the Lunar New Year
4	Feb 11 Class suspension period for the Lunar New Year	Feb 14 <i>Venue: HKJC-S3</i>
5	Feb 18 <i>Venue: Lab Block-SR7</i>	Feb 21 <i>Venue: HKJC-S3</i>
6	Feb 25 <i>Venue: HKJC-S3</i>	Feb 28 <i>Venue: HKJC-S3</i>
7	Mar 4 Reading Week No Class	Mar 7 Reading Week No Class
8	Mar 11 <i>Venue: HKJC-S3</i>	Mar 14 <i>Venue: LT1</i>
9	Mar 18 <i>Venue: Lab Block-SR7</i>	Mar 21 <i>Venue: HKJC-S3</i>
10	Mar 25 <i>Venue: HKJC-S3</i>	Mar 28 <i>Venue: HKJC-S3</i>
11	Apr 1 <i>Venue: HKJC-S3</i>	Apr 4 <i>Venue: HKJC-S3</i>
12	Apr 8 <i>Venue: HKJC-S3</i>	Apr 11 <i>Venue: LT1</i>
13	Apr 15 <i>Venue: HKJC-S3</i>	Apr 18 <i>Venue: HKJC-S3</i>
14	Apr 22 General Holiday	Apr 25 <i>Venue: HKJC-S3</i>

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EXSC3013 Sport & Exercise Nutrition
EXSC3017 Nutrition for Exercise and Health

Class Schedule and Venue

Week	Tuesday (2:30pm – 5:20pm)
1	Jan 15 <i>Venue: LT3</i>
2	Jan 22 <i>Venue: LT3</i>
3	Jan 29 <i>Venue: LT3</i>
	Feb 5 Class suspension period for the Lunar New Year
4	Feb 12 <i>Venue: LT3</i>
5	Feb 19 <i>Venue: LT3</i>
6	Feb 26 <i>Venue: LT3</i>
7	Mar 5 <i>Venue: MTC</i>
8	Mar 12 <i>Venue: LT3</i>
9	Mar 19 <i>Venue: LT3</i>
10	Mar 26 <i>Venue: LT3</i>
11	Apr 2 <i>Venue: LT2</i>
12	Apr 9 <i>Venue: LT1</i>
13	Apr 16 <i>Venue: ULT1</i>
14	Apr 23 <i>Venue: LT2</i>

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EXSC3014 Rehabilitation Science

Class Schedule and Venue

Week	Tuesday (12:30pm – 2:20pm)	Friday (2:30pm – 4:20pm)
1	Jan 15 <i>Venue: HKJC-S3</i>	Jan 18 <i>Venue: Lab Block-SR7</i>
2	Jan 22 <i>Venue: HKJC-S3</i>	Jan 25 <i>Venue: HKJC-S3</i>
3	Jan 29 <i>Venue: HKJC-S3</i>	Feb 1 <i>Venue: HKJC-S3</i>
	Feb 5 Class suspension period for the Lunar New Year	Feb 8 Class suspension period for the Lunar New Year
4	Feb 12 <i>Venue: HKJC-S3</i>	Feb 15 <i>Venue: HKJC-S3</i>
5	Feb 19 <i>Venue: HKJC-S3</i>	Feb 22 <i>Venue: HKJC-S3</i>
6	Feb 26 <i>Venue: HKJC-S3</i>	Mar 1 <i>Venue: HKJC-S3</i>
7	Mar 5 Reading Week No Class	Mar 8 Reading Week No Class
8	Mar 12 <i>Venue: HKJC-S3</i>	Mar 15 <i>Venue: HKJC-S3</i>
9	Mar 19 <i>Venue: HKJC-S3</i>	Mar 22 <i>Venue: HKJC-S3</i>
10	Mar 26 <i>Venue: HKJC-S3</i>	Mar 29 <i>Venue: HKJC-S3</i>
11	Apr 2 <i>Venue: Lab Block-SR7</i>	Apr 5 General Holiday
12	Apr 9 <i>Venue: Lab Block-SR7</i>	Apr 12 <i>Venue: HKJC-S3</i>
13	Apr 16 <i>Venue: Lab Block-SR7</i>	Apr 19 General Holiday
14	Apr 23 <i>Venue: Lab Block-SR7</i>	Apr 26 <i>Venue: HKJC-S3</i>

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