# BSc(Exercise&Health) and Minor in Kinesiology

## 2019-2020 Timetable

### SEMESTER 2

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 - 9:20</td>
<td><strong>BBMS1002</strong>&lt;br&gt;Fundamentals of Human Anatomy and Physiology&lt;br&gt;(TT404)&lt;br&gt;<strong>9:00am – 10:50am</strong></td>
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<td>9:30 - 10:20</td>
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<td><strong>EXSC3018</strong>&lt;br&gt;Biological Basis of Exercise and Health&lt;br&gt;Dr Parco Siu&lt;br&gt;(Classroom*)</td>
<td><strong>EXSC2009</strong>&lt;br&gt;Exercise Biomechanics&lt;br&gt;Dr Anthi Xenofontos&lt;br&gt;(Classroom*)</td>
<td><strong>EXSC3018</strong>&lt;br&gt;Biological Basis of Exercise and Health&lt;br&gt;Dr Parco Siu&lt;br&gt;(Classroom*)</td>
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<tr>
<td>10:30 - 11:20</td>
<td><strong>EXSC3018</strong>&lt;br&gt;Biological Basis of Exercise and Health&lt;br&gt;Dr Parco Siu&lt;br&gt;(Classroom*)</td>
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<td>11:30 - 12:20</td>
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<td>12:30 - 1:20</td>
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<tr>
<td>1:30 - 2:20</td>
<td><strong>EXSC1002</strong>&lt;br&gt;Physical Activity and Health&lt;br&gt;Dr Youngwon Kim&lt;br&gt;(LE8)</td>
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<td>2:30 - 3:20</td>
<td><strong>EXSC2009</strong>&lt;br&gt;Exercise Biomechanics&lt;br&gt;Dr Anthi Xenofontos&lt;br&gt;(HKJC-S3)</td>
<td><strong>EXSC2008</strong>&lt;br&gt;Physical and Health Benefits of Exercise&lt;br&gt;Dr Youngwon Kim&lt;br&gt;(LE8)</td>
<td><strong>Common Core Courses</strong></td>
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<td>3:30 - 4:20</td>
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<td>4:30 - 5:20</td>
<td><strong>BBMS2011</strong>&lt;br&gt;Research Methods in Medicine and Health&lt;br&gt;(MBG07)</td>
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<td>5:30 - 6:20</td>
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</tbody>
</table>

### Note:
1. * denotes a different classroom will be used for some classes. Please always check the updated classroom location on Moodle.
2. Please click the classroom for detailed locations.
# EXSC2009 Exercise Biomechanics

## Class Schedule and Venue

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday 2:30pm – 4:20pm</th>
<th>Wednesday 10:30am – 12:20pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Jan 20 <strong>Venue: HKJC-S3</strong></td>
<td>Jan 22 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td></td>
<td>Class suspension period for the Lunar New Year</td>
<td>Jan 29 Class suspension period for the Lunar New Year</td>
</tr>
<tr>
<td>2</td>
<td>Feb 3 <strong>Venue: HKJC-S3</strong></td>
<td>Feb 5 <strong>Venue: HKJC-S1A&amp;B</strong></td>
</tr>
<tr>
<td>3</td>
<td>Feb 10 <strong>Venue: HKJC-S3</strong></td>
<td>Feb 12 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td>4</td>
<td>Feb 17 <strong>Venue: HKJC-S3</strong></td>
<td>Feb 19 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td>5</td>
<td>Feb 24 <strong>Venue: HKJC-S3</strong></td>
<td>Feb 26 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td>6</td>
<td>Mar 2 <strong>Venue: HKJC-S3</strong></td>
<td>Mar 4 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td>7</td>
<td>Mar 9 <strong>Venue: HKJC-S3</strong></td>
<td>Mar 11 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td></td>
<td>Reading Week No Class</td>
<td>Reading Week No Class</td>
</tr>
<tr>
<td>8</td>
<td>Mar 16 University Holiday</td>
<td>Mar 18 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td>9</td>
<td>Mar 23 <strong>Venue: HKJC-S3</strong></td>
<td>Mar 25 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td>10</td>
<td>Mar 30 <strong>Venue: HKJC-S3</strong></td>
<td>Apr 1 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td>11</td>
<td>Apr 6 <strong>Venue: HKJC-S3</strong></td>
<td>Apr 8 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td>12</td>
<td>Apr 13 <strong>Venue: HKJC-S3</strong></td>
<td>Apr 15 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td>13</td>
<td>Apr 20 <strong>Venue: HKJC-S3</strong></td>
<td>Apr 22 <strong>Venue: SR1</strong></td>
</tr>
<tr>
<td>14</td>
<td>Apr 27 <strong>Venue: HKJC-S3</strong></td>
<td>Apr 29 <strong>Venue: SR1</strong></td>
</tr>
</tbody>
</table>
### Class Schedule and Venue

<table>
<thead>
<tr>
<th>Week</th>
<th>Thursday 1:30pm – 4:20pm</th>
</tr>
</thead>
</table>
| 1    | Jan 23  
*Venue: LT3*  
Jan 30  
Class suspension period for the Lunar New Year  |
| 2    | Feb 6  
*Venue: HKJC-S3*  |
| 3    | Feb 13  
*Venue: HKJC-S3*  |
| 4    | Feb 20  
*Venue: HKJC-S3*  |
| 5    | Feb 27  
*Venue: HKJC-S3*  |
| 6    | Mar 5  
*Venue: SR1*  |
| 7    | Mar 12  
Reading Week  
No Class  |
| 8    | Mar 19  
*Venue: HKJC-S3*  |
| 9    | Mar 26  
*Venue: HKJC-S3*  |
| 10   | Apr 2   
*Venue: HKJC-S3*  |
| 11   | Apr 9   
*Venue: HKJC-S3*  |
| 12   | Apr 16  
*Venue: HKJC-S3*  |
| 13   | Apr 23  
*Venue: HKJC-S3*  |
| 14   | Apr 30  
Public Holiday  |
<table>
<thead>
<tr>
<th>Week</th>
<th>Monday 10:30am – 12:20pm</th>
<th>Thursday 10:30am – 12:20pm</th>
</tr>
</thead>
</table>
| 1    | Jan 20  
*Venue: HKJC-S3*  
Jan 27  
Class suspension period for the Lunar New Year  
Jan 30  
Class suspension period for the Lunar New Year | Jan 23  
*Venue: SR2* |
| 2    | Feb 3  
*Venue: SR5* | Feb 6  
*Venue: HKJC-S3* |
| 3    | Feb 10  
*Venue: HKJC-S3* | Feb 13  
*Venue: HKJC-S3* |
| 4    | Feb 17  
*Venue: HKJC-S3* | Feb 20  
*Venue: HKJC-S3* |
| 5    | Feb 24  
*Venue: HKJC-S3* | Feb 27  
*Venue: HKJC-S3* |
| 6    | Mar 2  
*Venue: HKJC-S3* | Mar 5  
*Venue: HKJC-S3* |
| 7    | Mar 9  
Reading Week  
No Class  
Mar 12  
Reading Week  
No Class | Mar 16  
University Holiday  
Mar 19  
*Venue: HKJC-S3* |
| 8    | Mar 23  
*Venue: HKJC-S3* | Mar 26  
*Venue: HKJC-S3* |
| 9    | Mar 30  
*Venue: HKJC-S3* | Apr 2  
*Venue: HKJC-S3* |
| 10   | Apr 6  
*Venue: HKJC-S3* | Apr 9  
*Venue: HKJC-S3* |
| 11   | Apr 13  
Public Holiday  
Apr 16  
*Venue: HKJC-S3* |
| 12   | Apr 20  
*Venue: HKJC-S3* | Apr 23  
*Venue: HKJC-S3* |
| 13   | Apr 27  
*Venue: HKJC-S3* | Apr 30  
Public Holiday |

*EXSC3018 Biological Basis of Exercise and Health*

*Class Schedule and Venue*