

**THE UNIVERSITY OF HONG KONG**  
**SCHOOL OF PUBLIC HEALTH**

BSc (Exercise & Health) and Minor in Kinesiology  
2018-2019 Timetable

**Introductory Level / Science Core courses**  
**Core Advanced Level / Subject Core courses**  
**Disciplinary Elective / Specialism courses**

**SEMESTER 1**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	
8:30 - 9:20						
9:30 - 10:20						
10:30 - 11:20	<b>EXSC2003</b> Exercise Physiology <b>(Classroom*)</b>	<b>EXSC2003</b> Exercise Physiology <b>(Classroom*)</b>		<b>BBMS2012</b> Anatomy for Exercise and Health <b>(Lab Block)</b>	<b>EXSC2006</b> Measurement of Physical Activity <b>(Classroom*)</b>	<b>EXSC2007</b> Exercise Prescription and Training <b>(Classroom*)</b>
11:30 - 12:20						
12:30 - 1:20	<b>EXSC2001</b> Fundamentals of Motor Control and Learning <b>(Classroom*)</b>	<b>EXSC3006</b> Public Health Promotion of Physical Activity Derwin Chan <b>(CPD-2.16)</b>	<b>BBMS2012</b> Anatomy for Exercise and Health <b>(Lab Block)</b> <b>**1:00pm – 3:00pm**</b>	<b>EXSC2001</b> Fundamentals of Motor Control and Learning <b>(Classroom*)</b>	<b>EXSC3006</b> Public Health Promotion of Physical Activity <b>(CPD-1.21)</b>	
1:30 - 2:20						
2:30 - 3:20			Common Core Courses			
3:30 - 4:20						
4:30 - 5:20						
5:30 - 6:20						

- Note:**
1. \* denotes a different classroom will be used for some classes. Please always check the updated classroom location on Moodle.
  2. Please click the classroom for detailed locations
  3. Please check Moodle for BBMS2012 classroom details

# EXSC2001 Fundamentals of Motor Control and Learning

## Class Schedule and Venue

Week	Monday 12:30 – 2:20pm	Thursday 12:30 – 2:20pm
1	Sep 3 Venue: <a href="#">QTLT</a>	Sep 6 Venue: <a href="#">HKJC-S3</a>
2	Sep 10 Venue: <a href="#">LT-4</a>	Sep 13 Venue: <a href="#">LT-2</a>
3	Sep 17 Venue: <a href="#">QTLT</a>	Sep 20 Venue: <a href="#">LT-1</a>
4	Sep 24 Venue: <a href="#">HKJC-S3</a>	Sep 27 Venue: <a href="#">HKJC-S3</a>
5	Oct 1 Public Holiday	Oct 4 Venue: <a href="#">HKJC-S3</a>
6	Oct 8 Venue: <a href="#">HKJC-S3</a>	Oct 11 Venue: <a href="#">HKJC-S3</a>
7	Oct 15 Reading Week No Class	Oct 18 Reading Week No Class
8	Oct 22 Venue: <a href="#">LT-2</a>	Oct 25 Venue: <a href="#">LT-2</a>
9	Oct 29 Venue: <a href="#">HKJC-S3</a>	Nov 1 Venue: <a href="#">HKJC-S3</a>
10	Nov 5 Venue: <a href="#">HKJC-S3</a>	Nov 8 Venue: <a href="#">HKJC-S3</a>
11	Nov 12 Venue: <a href="#">HKJC-S3</a>	Nov 15 Venue: <a href="#">HKJC-S3</a>
12	Nov 19 Venue: <a href="#">HKJC-S3</a>	Nov 22 Venue: <a href="#">HKJC-S3</a>
13	Nov 26 Venue: <a href="#">HKJC-S3</a>	Nov 29 Venue: <a href="#">HKJC-S3</a>

- 1. Please always check the updated classroom location on Moodle.*
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# EXSC2003 Exercise Physiology

## Class Schedule and Venue

Week	Monday 10:30am – 12:20pm	Tuesday 10:30am – 12:20pm
1	Sep 3 Venue: <a href="#">MDL1</a>	Sep 4 Venue: <a href="#">HKJC-S3</a>
2	Sep 10 Venue: <a href="#">Lab Block-SR1&amp;2</a>	Sep 11 Venue: <a href="#">QTLT</a>
3	Sep 17 Venue: <a href="#">HKJC-S3</a>	Sep 18 Venue: <a href="#">HKJC-S3</a>
4	Sep 24 Venue: Exercise Physiology Lab	Sep 25 Public Holiday
5	Oct 1 Public Holiday	Oct 2 Venue: Exercise Physiology Lab
6	Oct 8 Venue: Exercise Physiology Lab	Oct 9 Venue: Exercise Physiology Lab
7	Oct 15 Reading Week No Class	Oct 16 Reading Week No Class
8	Oct 22 Venue: <a href="#">LT-2</a>	Oct 23 Venue: <a href="#">QTLT</a>
9	Oct 29 Venue: <a href="#">HKJC-S3</a>	Oct 30 Venue: Exercise Physiology Lab
10	Nov 5 Venue: Exercise Physiology Lab	Nov 6 Venue: Exercise Physiology Lab
11	Nov 12 Venue: <a href="#">HKJC-S3</a>	Nov 13 Venue: <a href="#">HKJC-S3</a>
12	Nov 19 Venue: <a href="#">HKJC-S3</a>	Nov 20 Venue: <a href="#">HKJC-S3</a>
13	Nov 26 Venue: <a href="#">HKJC-S3</a>	Nov 27 Venue: <a href="#">QTLT</a>

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## EXSC2006 Measurement of Physical Activity

### Class Schedule and Venue

Week	Friday	9:30am – 12:20pm
1		Sep 7 Venue: <a href="#">HKJC-S2</a>
2		Sep 14 Venue: <a href="#">HKJC-S1A &amp; S1B</a>
3		Sep 21 Venue: <a href="#">HKJC-S1A &amp; S1B</a>
4		Sep 28 Venue: <a href="#">HKJC-S1A &amp; S1B</a>
5		Oct 5 Venue: <a href="#">HKJC-S1A &amp; S1B</a>
6		Oct 12 Venue: <a href="#">HKJC-S1A &amp; S1B</a>
7		Oct 19 Reading Week No Class
8		Oct 26 Venue: <a href="#">HKJC-S1A &amp; S1B</a>
9		Nov 2 Venue: <a href="#">HKJC-S2</a>
10		Nov 9 Venue: <a href="#">HKJC-S2</a>
11		Nov 16 Venue: <a href="#">HKJC-S1A &amp; S1B</a>
12		Nov 23 Venue: <a href="#">HKJC-S1A &amp; S1B</a>
13		Nov 30 Venue: <a href="#">HKJC-S1A &amp; S1B</a>

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## EXSC2007 Exercise Prescription and Training

### Class Schedule and Venue

Week	Friday	9:30am – 12:20pm
1		Sep 7 Venue: <a href="#">HKJC-S1A &amp; S1B</a>
2		Sep 14 Venue: <a href="#">LT-4</a>
3		Sep 21 Venue: <a href="#">HKJC-S3</a>
4		Sep 28 Venue: <a href="#">HKJC-S3</a>
5		Oct 5 Venue: <a href="#">HKJC-S3</a>
6		Oct 12 Venue: <a href="#">HKJC-S3</a>
7		Oct 19 Venue: <a href="#">LT-3</a>
8		Oct 26 Venue: <a href="#">LT-3</a>
9		Nov 2 Venue: <a href="#">QTLT</a>
10		Nov 9 Venue: <a href="#">HKJC-S3</a>
11		Nov 16 Venue: <a href="#">HKJC-S3</a>
12		Nov 23 Venue: <a href="#">HKJC-S3</a>
13		Nov 30 Venue: <a href="#">MTC</a>

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- 2. Please click the classroom for detailed locations*