

**THE UNIVERSITY OF HONG KONG**  
**SCHOOL OF PUBLIC HEALTH**

BSc (Exercise & Health) and Minor in Kinesiology  
2018-2019 Timetable

**Introductory Level / Science Core courses**  
**Core Advanced Level / Subject Core courses**  
**Disciplinary Elective / Specialism courses**

**SEMESTER 2**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	
8:30 - 9:20						
9:30 - 10:20		<b>BBMS1002</b> <i>Fundamentals of Human Anatomy and Physiology</i> <b>(Lab Block)</b>	<b>EXSC1002</b> <i>Physical Activity and Health</i> <b>EXSC2008</b> <i>Physical and Health Benefits of Exercise</i> <b>(MB217)</b>			
10:30 - 11:20	<b>EXSC3002</b> <i>Advanced Exercise Physiology</i> <b>(HKJC-S3)</b>	<b>EXSC3002</b> <i>Advanced Exercise Physiology</i> <b>(Classroom*)</b>				
11:30 - 12:20						
12:30 - 1:20	<b>EXSC3015</b> <i>Sport and Exercise Psychology</i>	<b>EXSC3014</b> <i>Rehabilitation Science</i> <b>(Classroom*)</b>	Common Core Courses		<b>EXSC3015</b> <i>Sport and Exercise Psychology</i>	
1:30 - 2:20	<b>EXSC3016</b> <i>Psychology of Exercise and Health</i> <b>(MB237)</b>				<b>EXSC3016</b> <i>Psychology of Exercise and Health</i> <b>(MB237)</b>	
2:30 - 3:20	<b>EXSC3011</b> <i>Advanced Exercise Prescription and Training</i> <b>(Classroom*)</b>	<b>EXSC3013</b> <i>Sport &amp; Exercise Nutrition</i>		<b>EXSC3011</b> <i>Advanced Exercise Prescription and Training</i> <b>(Classroom*)</b>	<b>BBMS1002</b> <i>Fundamentals of Human Anatomy and Physiology</i> <b>(Lab Block)</b>	<b>EXSC3014</b> <i>Rehabilitation Science</i> <b>(Classroom*)</b>
3:30 - 4:20		<b>EXSC3017</b> <i>Nutrition for Exercise and Health</i> <b>(Classroom*)</b>				
4:30 - 5:20	<b>BBMS2011</b> <i>Research Methods in Medicine and Health</i> <b>(Sassoon Road Campus)</b>					
5:30 - 6:20		<b>BBMS2011</b> <i>Research Methods in Medicine and Health</i> <b>(Sassoon Road Campus)</b>				

- Note:**
- \* denotes a different classroom will be used for some classes. Please always check the updated classroom location on Moodle.
  - Please click the classroom for detailed locations
  - Please check Moodle for BBMS1002 and BBMS2011 classroom details

## EXSC3002 Advanced Exercise Physiology

### Class Schedule and Venue

Week	Monday (10:30am – 12:20pm)	Tuesday (10:30am – 12:20pm)
1	Jan 14 <i>Venue: <a href="#">HKJC-S3</a></i>	Jan 15 <i>Venue: <a href="#">HKJC-S3</a></i>
2	Jan 21 <i>Venue: <a href="#">HKJC-S3</a></i>	Jan 22 <i>Venue: <a href="#">HKJC-S3</a></i>
3	Jan 28 <i>Venue: <a href="#">HKJC-S3</a></i>	Jan 29 <i>Venue: <a href="#">HKJC-S3</a></i>
	Feb 4 <i>Venue: <a href="#">HKJC-S3</a></i>	Feb 5 Class suspension period for the Lunar New Year
4	Feb 11 Class suspension period for the Lunar New Year	Feb 12 <i>Venue: <a href="#">HKJC-S3</a></i>
5	Feb 18 <i>Venue: <a href="#">HKJC-S3</a></i>	Feb 19 <i>Venue: <a href="#">HKJC-S3</a></i>
6	Feb 25 <i>Venue: <a href="#">HKJC-S3</a></i>	Feb 26 <i>Venue: <a href="#">HKJC-S3</a></i>
7	Mar 4 Reading Week No Class	Mar 5 Reading Week No Class
8	Mar 11 <i>Venue: <a href="#">HKJC-S3</a></i>	Mar 12 <i>Venue: <a href="#">MTC</a></i>
9	Mar 18 <i>Venue: <a href="#">HKJC-S3</a></i>	Mar 19 <i>Venue: <a href="#">HKJC-S3</a></i>
10	Mar 25 <i>Venue: <a href="#">HKJC-S3</a></i>	Mar 26 <i>Venue: <a href="#">HKJC-S3</a></i>
11	Apr 1 <i>Venue: <a href="#">HKJC-S3</a></i>	Apr 2 <i>Venue: <a href="#">Lab Block-SR7</a></i>
12	Apr 8 <i>Venue: <a href="#">HKJC-S3</a></i>	Apr 9 <i>Venue: <a href="#">HKJC-S3</a></i>
13	Apr 15 <i>Venue: <a href="#">HKJC-S3</a></i>	Apr 16 <i>Venue: <a href="#">MTC</a></i>
14	Apr 22 General Holiday	Apr 23 <i>Venue: <a href="#">MTC</a></i>

1. Please always check the updated classroom location on Moodle.
2. Please click the classroom for detailed locations

## EXSC3011 Advanced Exercise Prescription and Training

### Class Schedule and Venue

Week	Monday (2:30pm – 4:20pm)	Thursday (2:30pm – 3:20pm)
1	Jan 14 <i>Venue: <a href="#">HKJC-S3</a></i>	Jan 17 <i>Venue: <a href="#">HKJC-S3</a></i>
2	Jan 21 <i>Venue: <a href="#">HKJC-S3</a></i>	Jan 24 <i>Venue: <a href="#">Lab Block-SR7</a></i>
3	Jan 28 <i>Venue: <a href="#">HKJC-S3</a></i>	Jan 31 <i>Venue: <a href="#">HKJC-S3</a></i>
	Feb 4 University Holiday (PM)	Feb 7 Class suspension period for the Lunar New Year
4	Feb 11 Class suspension period for the Lunar New Year	Feb 14 <i>Venue: <a href="#">HKJC-S3</a></i>
5	Feb 18 <i>Venue: <a href="#">Lab Block-SR7</a></i>	Feb 21 <i>Venue: <a href="#">HKJC-S3</a></i>
6	Feb 25 <i>Venue: <a href="#">HKJC-S3</a></i>	Feb 28 <i>Venue: <a href="#">HKJC-S3</a></i>
7	Mar 4 Reading Week No Class	Mar 7 Reading Week No Class
8	Mar 11 <i>Venue: <a href="#">HKJC-S3</a></i>	Mar 14 <i>Venue: <a href="#">LT1</a></i>
9	Mar 18 <i>Venue: <a href="#">Lab Block-SR7</a></i>	Mar 21 <i>Venue: <a href="#">HKJC-S3</a></i>
10	Mar 25 <i>Venue: <a href="#">HKJC-S3</a></i>	Mar 28 <i>Venue: <a href="#">HKJC-S3</a></i>
11	Apr 1 <i>Venue: <a href="#">HKJC-S3</a></i>	Apr 4 <i>Venue: <a href="#">HKJC-S3</a></i>
12	Apr 8 <i>Venue: <a href="#">HKJC-S3</a></i>	Apr 11 <i>Venue: <a href="#">LT1</a></i>
13	Apr 15 <i>Venue: <a href="#">HKJC-S3</a></i>	Apr 18 <i>Venue: <a href="#">HKJC-S3</a></i>
14	Apr 22 General Holiday	Apr 25 <i>Venue: <a href="#">HKJC-S3</a></i>

1. Please always check the updated classroom location on Moodle.
2. Please click the classroom for detailed locations

**EXSC3013 Sport & Exercise Nutrition**  
**EXSC3017 Nutrition for Exercise and Health**

*Class Schedule and Venue*

Week	Tuesday (2:30pm – 5:20pm)
1	Jan 15 <i>Venue: <a href="#">LT3</a></i>
2	Jan 22 <i>Venue: <a href="#">LT3</a></i>
3	Jan 29 <i>Venue: <a href="#">LT3</a></i>
	Feb 5 Class suspension period for the Lunar New Year
4	Feb 12 <i>Venue: <a href="#">LT3</a></i>
5	Feb 19 <i>Venue: <a href="#">LT3</a></i>
6	Feb 26 <i>Venue: <a href="#">LT3</a></i>
7	Mar 5 <i>Venue: <a href="#">MTC</a></i>
8	Mar 12 <i>Venue: <a href="#">LT3</a></i>
9	Mar 19 <i>Venue: <a href="#">LT3</a></i>
10	Mar 26 <i>Venue: <a href="#">LT3</a></i>
11	Apr 2 <i>Venue: <a href="#">LT2</a></i>
12	Apr 9 <i>Venue: <a href="#">LT1</a></i>
13	Apr 16 <i>Venue: <a href="#">ULT1</a></i>
14	Apr 23 <i>Venue: <a href="#">LT2</a></i>

1. Please always check the updated classroom location on Moodle.
2. Please click the classroom for detailed locations

## EXSC3014 Rehabilitation Science

### Class Schedule and Venue

Week	Tuesday (12:30pm – 2:20pm)	Friday (2:30pm – 4:20pm)
1	Jan 15 <i>Venue: <a href="#">HKJC-S3</a></i>	Jan 18 <i>Venue: <a href="#">Lab Block-SR7</a></i>
2	Jan 22 <i>Venue: <a href="#">HKJC-S3</a></i>	Jan 25 <i>Venue: <a href="#">HKJC-S3</a></i>
3	Jan 29 <i>Venue: <a href="#">HKJC-S3</a></i>	Feb 1 <i>Venue: <a href="#">HKJC-S3</a></i>
	Feb 5 Class suspension period for the Lunar New Year	Feb 8 Class suspension period for the Lunar New Year
4	Feb 12 <i>Venue: <a href="#">HKJC-S3</a></i>	Feb 15 <i>Venue: <a href="#">HKJC-S3</a></i>
5	Feb 19 <i>Venue: <a href="#">HKJC-S3</a></i>	Feb 22 <i>Venue: <a href="#">HKJC-S3</a></i>
6	Feb 26 <i>Venue: <a href="#">HKJC-S3</a></i>	Mar 1 <i>Venue: <a href="#">HKJC-S3</a></i>
7	Mar 5 Reading Week No Class	Mar 8 Reading Week No Class
8	Mar 12 <i>Venue: <a href="#">HKJC-S3</a></i>	Mar 15 <i>Venue: <a href="#">HKJC-S3</a></i>
9	Mar 19 <i>Venue: <a href="#">HKJC-S3</a></i>	Mar 22 <i>Venue: <a href="#">HKJC-S3</a></i>
10	Mar 26 <i>Venue: <a href="#">HKJC-S3</a></i>	Mar 29 <i>Venue: <a href="#">HKJC-S3</a></i>
11	Apr 2 <i>Venue: <a href="#">Lab Block-SR7</a></i>	Apr 5 General Holiday
12	Apr 9 <i>Venue: <a href="#">Lab Block-SR7</a></i>	Apr 12 <i>Venue: <a href="#">HKJC-S3</a></i>
13	Apr 16 <i>Venue: <a href="#">Lab Block-SR3</a></i>	Apr 19 General Holiday
14	Apr 23 <i>Venue: <a href="#">Lab Block-SR5</a></i>	Apr 26 <i>Venue: <a href="#">HKJC-S3</a></i>

1. Please always check the updated classroom location on Moodle.
2. Please click the classroom for detailed locations